

One of my favorite speakers and a dear friend of mine is Glenna Salsbury. She is an absolutely phenomenal speaker but more than that an incredible woman of faith.

I heard her speak recently to a group of speakers on how to present a great keynote speech. She asked us, "What are the 4-7 truths that we live with that cause us to live every day with success?" And then she told us that these truths are what we should talk about in our presentations.

That really got me thinking. The biggest truth for me is that I am a worthwhile person and this is what I most want to share with everyone in my audience. And that's because they are extremely worthwhile, too, and I want them to realize this.

I haven't always felt that I was worthwhile. For most of my growing up years I always felt that I was the absolute lowest on the totem pole! That I really had no value. It wasn't until I survived yet another act of physical abuse that a presence somewhere deep, deep down inside me gently told me "You do not have to take this anymore. You are a person of incredible value. You are valuable beyond measure." It was that day that I decided I was important and had something of value to share with the world.

And, so do you.

As an organizing consultant I see first hand what low self esteem does to my clients. I see it in the stacks and stacks of paper, piles on the floor, overflowing closets, and overscheduled lives. They are looking for self esteem and worth through things when all they have to do is look inside!

You are worthy of all the great things that life has to offer. But, maybe it's time to get rid of the clutter and stuff that's keeping you from seeing your life.

I know it can be scary and overwhelming. But you are worthy of living and working in an environment that uplifts you. Where you feel good coming home and good going to work. Where you are not worried about perfectionism but about being able to find things when you need them and getting things done when they are due. Where you love having people to come visit and where you love having alone time.

Yes, you are worth everything!



Elizabeth Hagen is a dynamic and inspiring [female motivational speaker](#), the author of *Organize with Confidence* and offers business coaching services to motivate women to stand out and accelerate their success. You can become more focused and have more momentum, more confidence, and more success. Elizabeth's book "Organize with Confidence!" will change your life and her "Speak Now and Forever Get New Clients Home Study Program" will change your business! Visit www.ElizabethHagen.com and receive her eBook "10 Fearless Lessons Every Woman Must Know" as her gift to you.