

## **Do you walk into your closet and get depressed - instead of getting dressed?**

Now is the time to clean out your closet and feel good as you look at your clothes instead of getting stressed.

### **Step 1**

Take everything out of your closet. Yes, I mean everything. If you just go in and move things around you're cleaning, not organizing.

### **Step 2**

Try everything on. I know that no one wants to hear this but this is the only way to really know what you want to keep.

### **Step 3**

Ask yourself the following questions as you try on the clothes:

- When did I wear this last?
- Does it still fit?
- Is it still in style?
- Does it need to be repaired or altered?
- Does this look good on me?
- And most importantly - Do I love how I feel when I wear this?

### **Step 4**

Based on the above answers you will either put the garment in the keep pile, throw away bag, repair bag, or garage sale/donate bag. We only wear 20% of what's in our closet. Feel good about getting rid of the 80%!

### **Step 5**

Purchase enough white hangers for your clothes that are left. Put them back in your closet in categories: Shirts, blouses, pants, skirts, jackets. Then from sleeveless to long sleeve, short skirts to long skirts, and by color: Light to dark.

### **Step 6**

Get the bags out of your room today. Throw the trash, bring the repairs to your

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WHAT ARE YOU WAITING FOR?

alterations person, bring the donate bag to the appropriate charity. If you're having a garage sale keep the garage sale bags in your storage room to collect until you have the sale.

### Step 7

Stand in your closet and go WOW!!



**Elizabeth Hagen** is a dynamic and inspiring [female motivational speaker](#), the author of *Organize with Confidence* and offers business coaching services to motivate women to stand out and accelerate their success. You can become more focused and have more momentum, more confidence, and more success. Elizabeth's book "Organize with Confidence!" will change your life and her "Speak Now and Forever Get New Clients Home Study Program" will change your business! Visit [www.ElizabethHagen.com](http://www.ElizabethHagen.com) and receive her eBook "10 Fearless Lessons Every Woman Must Know" as her gift to you.